

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

St Giles
Spring 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Chicken Chow Mein	Beef Chilli & Rice	Roast Chicken With Roast Potatoes and Gravy	Beef Burger & Wedges	MSC Fish Fingers With Chipped Potatoes, Tomato Sauce
Week 1	Vegetarian	Vegetarian Chow Mein	Quorn Chilli with Rice	Quorn Roast With Roast Potatoes and Gravy	Lentil and Vegetable Curry with Rice	Quorn Sausage with Chipped Potatoes
01-Jan						
22-Jan						
19-Feb		Cauliflower Green Beans	Roasted Vegetable Medley	Carrot & Swede mash	Sweetcorn Cauliflower	Baked Beans Garden Peas
12-Mar						
	Dessert	Fruit Yoghurt and Shortbread	Wholemeal Peach Crumble & Custard	Fruit cocktail	Pineapple upside down Cake with Custard	Pear and Ginger Cake
Week 2	Main	Sausage and Mashed Potatoes	Wholemeal Chicken and Red Pepper Pizza	Roast Turkey with Roast Potatoes & Gravy	Pasta Bolognese	MSC Battered Fish Chipped Potatoes, Tomato Sauce
Week 2	Vegetarian	Glamorgan Sausage with Mashed Potatoes	Vegetable Hot Pot with Mash Potato Topping	Mixed Vegetable Loaf with Roast Potatoes	Vegetable Pasta Bolognese	Vegetable Fajitas with Chipped Potatoes
08-Jan						
29-Jan						
26-Feb		Broccoli Garden Peas	Swede Sweetcorn	Cauliflower Sliced Carrots	Garden Peas Carrots	Baked Beans Garden Peas
19-Mar						
	Dessert	Pear Crumble and Custard	Fruit Platter	Chocolate Cookie with Yogurt	Banana Cake with Custard	Chocolate and Orange Brownie
Week 3	Main	Chicken Curry and Rice	Turkey & Leek Pie with Mash Potato Topping	Roast Chicken & Stuffing with Roast Potatoes and Gravy	Beef Lasagne	MSC Fish Fingers with Chipped Potatoes, Tomato Sauce
15-Jan	Vegetarian	Sweet & Sour Vegetables with Rice	Vegetable & Leek Pie with Mash Potato Topping	Vegetarian Wellington with Roast Potatoes	Vegetable Wholemeal Pasta	Quorn Burger with Chipped Potatoes
05-Feb						
05-Mar		Broccoli Sweetcorn	Swede Green Beans	Shredded Cabbage Carrots	Peas Carrots	Baked Beans Garden Peas
26-Mar						
	Dessert	Carrot Cake with Custard	Tuti Fruity Tuesday	Eves Pudding with Custard	Apple and Cinnamon Crumble & Custard	Lemon & Cucumber Cake



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt

