

WEEK 1 16th Apr, 7th May, 18th Jun, 9th Jul

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese and Tomato Pizza with Diced Potatoes	Spaghetti Bolognese	Roast Turkey with Roast Potatoes and Gravy	Cheesy Beef Quesadilla with Rice	Breaded Fish and Chips
Oriental Vegetable Stir Fry with Noodles	Lentil and Vegetable Bolognese	Shepherdess Pie with Sweet Mash Potato	Vegetarian Chilli with Rice	Lentil Loaf with Chips
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Lemon Loaf with Custard	Fruit Crumble with Custard	Berry Sponge with Custard	Banana Cake with Custard	Chocolate Mousse

WEEK 2 23rd Apr, 14th May, 4th Jun, 25th Jun, 16th Jul

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Wrap with Savoury Rice	Chicken Sausages with Mashed Potatoes and Gravy	Roast Beef with Roast Potatoes and Gravy	Chicken Curry with Rice	Breaded Salmon and Chips
Dairy Free Butternut Squash Sauce with Pasta	Vegan Sausages with Mashed Potatoes and Gravy	Dairy Free Cauliflower and Broccoli Bake with Roast Potatoes	Lentil and Sweet Potato Curry with Rice	Sweet and Sour Vegetables with Chips
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Apple Sponge with Custard	Strawberry Mousse	Fruit Crumble with Ice Cream	Iced Carrot Cake with Custard	Chocolate Marble Cake with Chocolate Sauce

WEEK 3 30th Apr, 21st May, 11th Jun, 2nd Jul

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ Chicken with Rice	Beef Burger with Crispy Potatoes	Roast Chicken with Roast Potatoes and Gravy	Macaroni Cheese	Breaded Fish and Chips
Lentil and Vegetable Cottage Pie	Sweet Potato Burger with Crispy Potatoes	Sage and Onion Stuffing Loaf with Roast Potatoes and Gravy	Dairy Free Creamy Vegetable Sauce with Pasta	Vegetable Fajitas with Chips
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or plain Tuna
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Pineapple Cake with Custard	Lime Drizzle Cake with Custard	Shortbread Finger with Custard	Fruit Crumble with Ice Cream	Chocolate Brownie with Chocolate Sauce

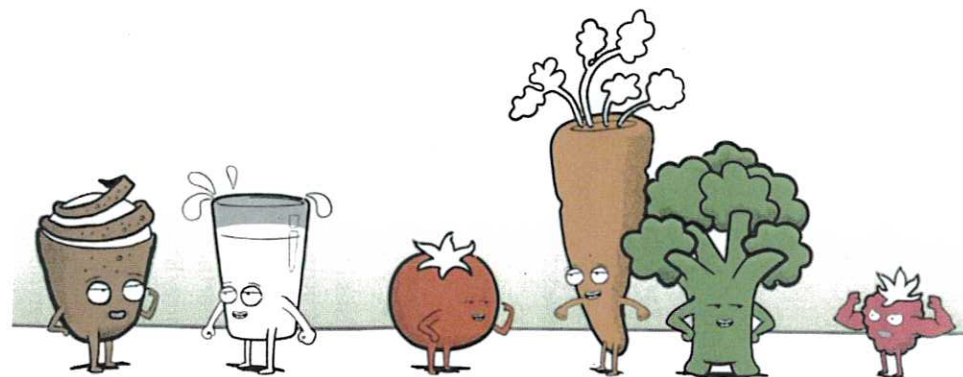
All Vegetarian Meals are Dairy Free

Dairy Free Mashed Potatoes served daily as a carbohydrate alternative

Fresh Fruit, Yoghurt & Dairy Free Custard served daily as dessert alternatives and accompaniments

Seasonal vegetables include: Carrots, Swede, Broccoli, Cauliflower, Courgettes, Aubergines, Baked Beans, Butternut Squash, Cabbage

Allergen information available on request



Seafood with this mark comes from an MSC certified sustainable fishery. MSC-C-52628