

WEEK 1 2nd Sept, 23rd Sept, 14th Oct, 4th Nov, 25th Nov, 16th Dec,

Monday	Tuesday Italian Day	Wednesday	Thursday	Friday
Cheese and Pesto Pinwheel with Golden Rice (v)	Beef Meatballs with Pasta	Roast Chicken with Roast Potatoes and Gravy	Cottage Pie	Fish and Chips
Sage and Onion Stuffing Loaf with Mashed Potatoes and Gravy (v)	Veggie Sausage and Tomato Pasta (v)	Winter Vegetable Casserole with Roast Potatoes (v)	Shepherdess Pie (v)	Lentil Chilli and Chips (v)
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna
Seasonal Vegetables				
Apple Eve's Pudding with Custard	Fruit Crumble with Custard	Banana Cake with Custard	Winter Chocolate Brownie with Custard	Ice Cream

WEEK 2 9th Sept, 30th Sept, 11th Nov, 2nd Dec

Monday	Tuesday	Wednesday Traditional	Thursday	Friday
Cheese and Tomato Sub with Wedges (v)	BBQ Chicken Wrap	Roast Turkey with Mashed Potatoes and Gravy	Beef Bolognese with Pasta	Fish Fingers and Chips
Lentil Bolognese with Wedges (v)	Mexican Tofu Wrap (v)	Winter Vegetable Wellington with Mashed Potatoes and Gravy (v)	Vegetable Biryani (v)	BBQ Veggie Sausage and Chips (v)
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna
Seasonal Vegetables				
Apple Crumble with Custard	Chocolate Cake with Chocolate Sauce	Iced Carrot Cake with Custard	Sticky Toffee Cake with Custard	Ice Cream

WEEK 3 16th Sept, 7th Oct, 28th Oct, 18th Nov, 9th Dec

Monday	Tuesday	Wednesday	Thursday	Friday
Creamy Roasted Tomato and Pesto Pasta Bake (v)	Chicken Curry with Rice	Roast Beef with Roast Potatoes and Gravy	Sweet and Sour Chicken with Rice	Battered Fish and Chips
Vegan Sausage with Mashed Potatoes and Gravy (v)	Chickpea Curry with Rice (v)	Vegetable Pot Pie with Roast Potatoes and Gravy (v)	Sweet and Sour Tofu with Noodles	Caribbean Tofu and Chips (v)
Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna	Jacket Potato with Baked Beans, Cheese, Tuna Mayo or Plain Tuna
Seasonal Vegetables				
Vanilla Shortbread with Custard	Lemon Drizzle Cake with Custard	Fruit Crumble with Custard	Pear and Chocolate Sponge with Chocolate Custard	Ice Cream

(v) Vegetarian option

Fresh seasonal salad and bread available daily.

Fresh fruit, yoghurt and fruit jelly available daily as an alternative to the dessert of the day.

Allergens

A gluten free and dairy free menu is available on request, please email allergens@ainp.co.uk please detail on the email, the name of the school your child will be attending. You will then be sent the Gluten or Dairy free menu for that school, you have to complete the menu choice and return to allergens@ainp.co.uk - should no menu be returned your child will not receive an allergy free menu. If your child has multiple allergies, please email allergens@ainp.co.uk and we will talk directly to you.

All our food is prepared in a kitchen where gluten and other allergens are present and our menu descriptions do not include all ingredients. We have a nut free policy in all of our kitchens. If you have a food allergy, please let us know before ordering. All allergen information is available on request from the kitchen.

Coconut

Coconut is not considered a nut and does not fall into the peanut or tree nut allergy categories. We do use coconut in our kitchens.