

Autumn / Winter 2022 / 23
 5/9, 26/9, 17/10, 7/11,
 28/11, 19/12, 9/1, 30/1

What's On The Menu?

MONDAY
Authentic Italian

TUESDAY
Family Faves

WEDNESDAY
Baking British

THURSDAY
Food Festival

FRIDAY
Fun Day



Beef Bolognese
With Wholegrain Penne Pasta, Garlic Bread & Green Salad

Halal Sausage Cowboy Pie
Mash topped Halal Sausage & Bean Pie with Carrots

Roast Chicken Sage & Onion Stuffing
Crispy Roasties & Fresh Veggies & Gravy

Mild Chilli Beef & Cheese Homemade Nachos
Oven Baked Potato Wedges & Sweetcorn

Golden Fish Fingers (MSC)
Choose Salmon or Pollock, Chips & Baked Beans



Veggie Bolognese
With Wholegrain Penne Pasta, Garlic Bread & Green Salad

Veggie Cowboy Pie
Mash topped Veggie Sausage & Bean Pie with Carrots

Cheese, Veg & Spinach Puff Pastry Roll
Crispy Roasties & Fresh Veggies & Gravy

Cheese & Veggie Homemade Nachos
Oven Baked Potato Wedges & Sweetcorn

Crispy Bean & Vegetable Fingers
Chips

Hot Tomato Pasta
with or without Grated Cheese on top

Crispy Skin Jacket Potatoes
Choice of Tasty Toppings

Pick & Mix Packed Lunch
Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



Toffee Apple Slices topped with Vanilla Ice Cream

Crispy Chocolate Cornflake Cakes

Golden Syrup Sponge

Pineapple Upside Down Cake

Chewy Flapjack

FOOD FESTIVAL
By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Week One

Autumn / Winter 2022 / 23
 12/9, 3/10, 24/10, 14/11,
 5/12, 26/12, 16/1, 6/2

What's On The Menu?

MONDAY
Authentic Italian

TUESDAY
Family Faves

WEDNESDAY
Baking British

THURSDAY
Food Festival

FRIDAY
Fun Day



<p>Meat Free Monday! Choose either our tasty Margherita Pizza or our Veggie Supreme</p>	<p>Classic Beef Burger in a Bun with Oven Baked Wedges & Garden Peas</p>	<p>Roasted Beef Joint Crispy Roasties, Fresh Veggies & Gravy</p>	<p>Not So Spicy Chicken Tikka Masala Wholegrain Rice, Turmeric Carrots & Peas</p>	<p>Golden Fish Fingers (MSC) Choose Salmon or Pollock, Chips & Baked Beans</p>
<p>Served with Pasta Salad & Mixed Crudites</p>	<p>Super Veggie Burger in a Bun with Oven Baked Wedges & Garden Peas</p>	<p>Veggie Sausage & Root Veg Traybake Crispy Roasties, Fresh Veggies & Gravy</p>	<p>Creamy Vegetable Korma With Wholegrain Rice, Turmeric Carrots & Peas</p>	<p>Crispy Bean & Vegetable Fingers Chips</p>
<p>Hot Tomato Pasta with or without Grated Cheese on top</p>				
<p>Crispy Skin Jacket Potatoes Choice of Tasty Toppings</p>				
<p>Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit</p>				
<p>Jelly & Fruit Slices</p>	<p>Marble Sponge Cake</p>	<p>Chocolate Brownie</p>	<p>Apple Sponge Cake</p>	<p>Crunchy Vanilla Cookie</p>

FOOD FESTIVAL
By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Week Two

Autumn / Winter 2022 / 23
 19/9, 10/10, 31/10, 21/11,
 12/12, 2/1, 23/1, 13/2

What's On The Menu?

MONDAY
 Authentic Italian

TUESDAY
 Family Faves

WEDNESDAY
 Baking British

THURSDAY
 Food Festival

FRIDAY
 Fun Day



Cheese & Tomato Pizza Melt Baguette
 with Wholegrain Pasta & Sweetcorn Salad

Halal Sausage Toad in the Hole
 with Creamy Mash, Green Beans & Gravy

Roast Chicken & Sage Onion Stuffing
 with Crispy Roasties & Fresh Veggies & Gravy

Homemade Chicken Nuggets
 with Oven Baked Wedges & Broccoli

Golden Fish Fingers (MSC)
 Choose Salmon or Pollock, Chips & Baked Beans



Tomato & Mozzarella Gnocchi Traybake
 with Wholegrain Pasta & Sweetcorn Salad

Quorn Toad in the Hole
 with Creamy Mash, Green Beans & Gravy

Quorn Roast
 with Crispy Roasties, Fresh Veggies & Gravy

Crunchy Topped Macaroni Cheese
 with Oven Baked Wedges & Broccoli

Baked Beans & Vegetable Fingers
 Chips

Hot Tomato Pasta
 with or without Grated Cheese on top

Crispy Skin Jacket Potatoes
 Choice of Tasty Toppings

Pick & Mix Packed Lunch
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



Sticky Banana Pudding

Chocolate Oat Cake

Vanilla Sprinkle Sponge

Apple Crumble

Shortbread

FOOD FESTIVAL
 By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad,
 Choice of Fresh Fruit & Yoghurt



Week Three